



**DISCLAIMER AND RELEASE**

By participating in a Lake Travis Wellness Center (“LTWC”) retreat or event, you acknowledge that Lake Travis Well Center is not a medical provider. The information that will be disclosed does not constitute the practice of medicine, medical diagnosis, a medical prescription, psychological counseling or a self help prescription for the attendee or for any mental, physical, medical or emotional condition of the attendee. Attendee understands that the information, techniques and services provided by LTWC is for informational purposes only. Attendee is solely responsible for how attendee utilizes the information provided and expressly acknowledges that participation in LTWC retreat or event is not a substitute or alternative to medical evaluation and treatment by a licensed practitioner.

Colonics is the practice of hydrating or irrigating your colon. There are numerous opinions as to the pros and cons of colonics as well as the medical benefits, if any, associated with colonics. While LTWC believes colonics is beneficial, LTWC makes no representations or warranties regarding the health benefits of colonics. Attendees that choose to participate in colonics do so at their own risk and have been expressly advised to seek independent advice from a medical doctor prior to attendee receiving colonics. LTWC makes no health claims with respect to the benefits of colonics.

Attendee releases LTWC, its employees, owners, contractors, directors and agents from any and all liability associated with participation in any LTWC event and/or any colonics procedure, including liability associated with the negligence of LTWC, its employees, owners, contractors, directors and agents.

Attendee acknowledges that attendee has not relied upon any statements, promises or warranties from LTWC, its employees, owners, contractors, directors and agents prior to attending a retreat or event. Attendees agree to independently evaluate and verify all information obtained at such retreat or event and to discuss the information with a licensed medical doctor of their choice prior to implementing any of the techniques or ideas presented at a retreat or event.

Without in any way invalidating the release set forth above, attendee further agrees that to the extent LTWC is in any way liable to attendee, that liability shall be limited to the amount paid by attendee to LTWC.

Attendee:

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name